

January 2011

Buy any Breakfast on January 10th & receive an extra Breakfast Treat!

GCS MENU



Indicates Full Vegetarian Option

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 BREAKFAST Jiffy-Pancake & Sausage on Stick LUNCH Soup' n Sandwich Chef's Homemade Soup Choice of Peanut Butter and Jelly or Ham & Cheese Sandwich Tossed Salad with Choice of Low Fat Dressing Chilled Fruit Choice of Milk </p>	<p>4 BREAKFAST WAFFLEWICH Breakfast Sandwich LUNCH Golden Toasted Mozzarella Cheese Sandwich Tomato Dipping Sauce Crisp Potatoes Vegetable of the Day Chilled Fruit Choice of Milk </p>	<p>5 BREAKFAST Fresh Baked Country Scone LUNCH Spaghetti with a Fat Free Plum Tomato Sauce Cheese Sticks Vegetable Du Jour Bakery Soft Roll Assorted Fruit Choice of Milk </p>	<p>6 BREAKFAST French Toast Sticks with a Peanut Butter Cup LUNCH Slow Roasted Seasoned Chicken with Gravy Chef's Choice Side Vegetable of the Day Bakery Roll Chilled Fruit Choice of Milk </p>	<p>7 BREAKFAST Chef's Breakfast Sandwich LUNCH Chicken Nuggets With Our Low Fat Dipping Sauce Steamed White Rice Vegetable of the Day Assorted Fruit Choice of Milk </p>
<p>10 BREAKFAST Jiffy-Pancake & Sausage on Stick Breakfast Treat LUNCH Soup' n Sandwich Chef's Homemade Soup Choice of Peanut Butter and Jelly or Ham & Cheese Sandwich Tossed Salad with Choice of Low Fat Dressing Chilled Fruit Choice of Milk </p>	<p>11 BREAKFAST WAFFLEWICH Breakfast Sandwich LUNCH Mexican Nacho Plate with a Meat and Cheese Topping, Salsa Salad of the Day Chilled Fruit Choice of Milk </p>	<p>12 BREAKFAST Fresh Baked Country Scone LUNCH Italian Ravioli with Cheese Sticks Vegetable Du Jour Fresh Baked Garlic Roll Chilled Fruit Choice of Milk </p>	<p>13 BREAKFAST French Toast Sticks with a Peanut Butter Cup LUNCH Our Famous Turkey Brunswick Stew with Garden Vegetables Whipped Potatoes or Steamed Rice Cranberry Sauce Bakery Soft Roll Assorted Fruit Choice of Milk </p>	<p>14 BREAKFAST Chef's Breakfast Sandwich LUNCH Stuffed Crust Pizza Leafy Green Salad with Choice of Dressing Chilled Fruit Choice of Milk </p>
<p>17 NO SCHOOL </p>	<p>18 BREAKFAST WAFFLEWICH Breakfast Sandwich LUNCH Russian Beef Stroganoff Steamed White Rice Peas and Carrots Bakery Roll Chilled Fruit Choice of Milk </p>	<p>19 BREAKFAST Fresh Baked Country Scone LUNCH Our Famous Macaroni and Cheese Vegetable of the Day Bakery Roll Assorted Fruit Choice of Milk </p>	<p>20 BREAKFAST French Toast Sticks with a Peanut Butter Cup LUNCH Turkey Stir Fry in a Chili Garlic Sauce Steamed Brown Rice Broccoli Florets Crispy Noodles Assorted Fruit Choice of Milk </p>	<p>21 BREAKFAST Chef's Breakfast Sandwich LUNCH Mexican Double Taco with a Spicy Meat Filling Lettuce, Salsa & Cheese Picante Baked Beans Chilled Fruit Choice of Milk </p>
<p>24 BREAKFAST Jiffy-Pancake & Sausage on Stick LUNCH Soup' n Sandwich Chef's Homemade Soup Choice of Peanut Butter and Jelly or Ham & Cheese Sandwich Tossed Salad with Choice of Low Fat Dressing Chilled Fruit Choice of Milk </p>	<p>25 BREAKFAST WAFFLEWICH Breakfast Sandwich LUNCH Triple Decker Toasted Cheese Sandwich Oven Roasted Potato Vegetable of the Day Assorted Fruit Choice of Milk </p> <p style="text-align: center;"><i>Beat the Cold with Some of Our Great Stews and Casseroles</i></p>	<p>26 BREAKFAST Fresh Baked Country Scone LUNCH Hot Meatball Sub with Cheese Golden Fries Vegetable of the Day Chilled Fruit Choice of Milk </p>	<p>27 BREAKFAST French Toast Sticks with a Peanut Butter Cup LUNCH BBQ Rib Sandwich Tex-Mex Rice and Beans Chef's Choice Vegetable Chilled Fruit Choice of Milk </p> <p style="text-align: center;">ELEMENTARY The Wacky World of Strange and Unusual</p>	<p>28 BREAKFAST Chef's Breakfast Sandwich LUNCH White Garlic Thick Crust Pizza Garden Salad with Choice of Dressing Fresh Roll Chilled Fruit Choice of Milk </p>
<p>31 BREAKFAST Jiffy-Pancake & Sausage on Stick LUNCH Soup' n Sandwich Chef's Homemade Soup Choice of Peanut Butter and Jelly or Ham & Cheese Sandwich Tossed Salad with Choice of Low Fat Dressing Chilled Fruit Choice of Milk </p>	<p>Breakfast will be served on ½ days & 1-hour delays. For breakfast each day we serve: Choice of Milk, Fresh Fruit or Juice, & Daily entree (as listed). EACH DAY WE SERVE: Low Fat Chocolate Milk, Strawberry Milk, Regular White Milk, 2% Low Fat Milk & Skim Milk. Also featuring...2nd Choice Entrée, Choice of Subs, Vegetable of the Day, Fruits of the Day, & Choice of Milk.</p> <p style="text-align: center;"><i>Next month at the Elementary: Chef's Carving Station</i></p> <p>Featured Second Choice Menu MON: Hot Dog on a Roll with Sauerkraut TUES: Open Faced Hot Turkey Sandwich with Gravy WED: Chicken Pattie on a Roll TH: Hamburger, Cheeseburger or Black Bean Vegetarian Burger on a Roll FRI: Chef's Special of the Day </p> <p style="text-align: right;"> Student Breakfast-\$1.50 Student Lunch- \$2.50 Milk-\$ 0.50 Adult Breakfast- \$2.25 Adult Lunch - \$3.75 All pricing includes tax.</p>			

If you have any questions regarding our menus or feel you may qualify for the Free and Reduced Meal Program, please contact Mr. Ventura at 966-5070 ext429